

The Spokane River Forum is a non-partisan, non-profit organization that creates materials, events and activities that promote sustaining a healthy river system while meeting the needs of a growing population.

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Spokane River Tubing

Grab your friends and family and hop on a tube to float the Spokane River just downstream of downtown! FLOW Adventures will provide the tube, PFD and the shuttle ride between TJ Meenach Bridge and Peaceful Valley. Shuttles run from 10:30 a.m. to 3:30 p.m. Visit [Flow Adventures](#) for more information and pricing.



Spokane River Paddle Boarding and Kayaking

Rent a paddle board or kayak right under the Division Street Bridge in front of the Convention Center. The water's calm as you take in the upstream sights of Gonzaga and more. Check out [Fun Unlimited](#) for more

information and rental reservations.

Paddle, Splash and Play

August 11th. Paddle, Splash and Play is a free kids event at the Nine Mile Recreation Area, Riverside State Park. They've got kayaks, stand-up paddle boards, canoes, and a voyager canoe waiting for your family. They'll also provide paddles, PFDs, and basic instruction. It's a totally fun way to introduce the kiddos to non-motorized watercraft in a safe and supervised setting. Visit [Paddle Splash & Play's website](#) for more information.



Got Gear, I Just Want to Know My Options

There's 111 miles of river to explore. Visit the Spokane River Water Trail page for all the access, water flow and other information you need. Visit www.spokanewatertrail.org. Check out the "resources" page for guides and outfitters that can hook you up with even more choices.

Explore!
The Spokane River Water Trail

