

visit the
spokane river
water trail

Spokane River
headlines

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The Spokane River Forum is a non-partisan, non-profit organization that creates materials, events and activities that promote sustaining a healthy river system while meeting the needs of a growing population.



Get Up, Get Out and Have Fun on the Spokane River

Got the equipment and expertise to get out and play? Visit our [Spokane River Water Trail](#) page to learn about put-in and take-outs; river flows and safety; fishing, paddling and rafting details; and additional resources.

Want to get on the Spokane River but need some help? These professional guides and outfitters want to work with you to make it happen.

Flow Adventures, flow-adventures.com: Currently offering white water rafting trips for small groups through the Great Gorge below downtown and Spokane Valley. To follow COVID-19 social distancing guidelines, spots are limited to family units or a max of seven people per van.

Tubing starts about July 1 when river flows slow below 2,700 cfs. Shuttle service is available between People's Park and TJ Meenach to make it easy for you to complete the circuit. Tube and kayak rentals also available.

Fun Unlimited, cdasports.com: About July 1, you can rent a stand up paddle board (SUP) or sit on top kayak beneath the Division St. Bridge for some instant and easy downtown fun. Paddling upstream is limited to the Gonzaga area due to East Trent Bridge demolition. Some of their COVID-19 measures include hand sanitizer being available for customers, 6-foot distancing with customers, and all equipment being cleaned and sanitized between use. Their Post Falls shop is currently open.

Row Adventures, rowadventurecenter.com/spokane-river: Through most of June, white water rafting for small groups through the Great Gorge is available. Starting in July, gentle rafting floats and sit on top kayak trips allow you to enjoy the slower moving, warmer river water from Peaceful Valley to TJ Meenach. To follow COVID-19 social distancing guidelines, spots are limited to 12 passengers.

Silver Bow Fly Shop, silverbowflyshop.com. Guided fishing trips for 1-4 people are available from State Line to Island's Trailhead in Spokane Valley, and Redband Park to Aubrey White access below downtown. You can go after wild redband trout and some beautiful brown and cutthroat trout. Talk to these Spokane River savants and they will hook you up with the river reach that's right for you.

Wiley Waters, riverrafting.net: Rafting through the Great Gorge below downtown is available for another 1-2 weeks. After that, scenic floats that don't include swift rapids are available. To follow COVID-19 social distancing guidelines, spots are limited to small groups.



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